

# IDENTITY<sup>®</sup>

January — April 2017

## Searching for \_\_\_\_\_

?

Our modern quest for  
happiness

*The Happiness Quest • Trapped Behind the Glass • Jesus is a Nuisance • Stories from Alpha*

*Kings Church Eastbourne & Seaford groups directory — over 70 different ways to connect with us*



**CHURCH**

**FOR**

**EVERYONE**

where everyone belongs

Welcome to our Identity magazine. If you have received this on your first visit to Kings it's great to have you with us.

Whatever your beliefs, background or lifestyle, Kings is a safe place where you can explore the Christian faith, make friends and get involved with all that goes on here.

Discover our groups. There's something for everybody, whether you're into badminton, photography, books or singing. There are groups that explore Christianity and those that study the Bible.

And if you would like to find out more about making Kings your home, come along to our Rooted course — it's a chance to discover what makes us tick, our culture and vision, meet the leaders and ask any questions you like. We hope to see you again soon!



*Graham + Belinda*

**SUNDAY MEETINGS**

**Hampden Park**  
 9 & 11am at the Kings Centre  
 (opposite Morrisons)  
 27 Edison Road, BN23 6PT

**Eastbourne Town Centre**  
 10am at the Hippodrome Theatre, 108-112 Seaside Road, BN21 3PF

**Seaford**  
 10am at Seaford Head School, Arundel Road, BN25 4LX



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Kings Church is affiliated to Newfrontiers and a member of the Evangelical Alliance. The Frontiers Charitable Trust: Charity No. 1065086, Company Registered No. 3404789. Our church office is: Kings Centre, 27 Edison Road, Eastbourne, East Sussex, BN23 6PT. Tel: 01323 521125 Email: info@kings.church

## the happiness quest

# Delight in \_\_\_\_\_

?

I am obsessed with happiness. Everything I do and have always done has only ever been done with a view to my own happiness. At times I've made it sound more noble by saying instead that 'I did the right thing' or that 'I did the responsible thing' or even that it was 'the kind thing to do' but it's really only ever been about happiness.

I am living a daily quest for happiness, and I know I'm not alone. The French philosopher Pascal said: 'all men seek happiness. This is without exception.' We may use different means to get there, but that's what we're all after. Happiness is 'the cause of some going to war, and of others avoiding it, [but it] is the same desire in both.'

What if someone told you there was an easy, realistic and legal way to double your income next year. Would you be interested? I imagine you would be, but not ultimately for the money. It's the increased chance of happiness that would pique your interest most of all.

According to the *New York Times*, over the last few decades teams of researchers have been investigating the nature of happiness, and built up a wealth of data<sup>1</sup>. Their research suggests that belonging to a group that meets just once a month boosts

your personal happiness just as much as doubling your income; whereas the daily activity that is most harmful is commuting to work.

**"All men seek happiness. This is without exception. Whatever different means they employ, they all tend to this end."**

— Blaise Pascal

Finding some money in an old pair of trousers or discovering that there's one more chocolate left in the box might help, but what we could really do with is more *company*. In our hunt for happiness it may be that we've been digging in all the wrong places.

One answer to the question 'what makes you happy' is simply 'belonging'. Regularly interacting with other human beings at a personal and meaningful level will dramatically increase your happiness; and that's not all.

In Ridley Scott's recent film *The Martian* there's a moment near the end of the movie that expresses another key component of our quest. Thinking he's about to die the main character asks a friend to pass on a message to his parents in the event of his death: "tell them I love what I do, that I'm good at it and that I'm dying for something big and beautiful and greater than me. Tell them I said I can live with that."

It seems that we don't just need a community to belong to, we need a cause to give ourselves to. All of us have been designed with this in mind. We've been made for purpose, and it's as we participate in something 'big and beautiful' that we acquire happiness.

As a result of this, it isn't just that we need company, it's that we need *comrades*; people who are united with us in mission and purpose. So where do we find this in modern society?

1. The Sandra Bullock Trade: <http://mobile.nytimes.com/2010/03/30/opinion/30brooks.html>

Delight yourself in the Lord, and he will give you the desires of your heart. (Psalm 37:4)

'Delight' is a good word. It's a word that makes me think of chocolate and wine, and over indulgence. It's a word that suggests intoxication and laughter, rich satisfaction and excitement. It's not a word therefore that many people expect to find associated with God. Peace, maybe; contentment, maybe and possibly even a tiny amount of joy (hidden somewhere deep down), but certainly not *delight*. Delight is for fun things, for wastefully enjoyable things, for things other than God or church.

It may surprise you to learn that this is far from an isolated statement or promise in the Bible. God is called the 'blessed' God<sup>1</sup>, a word that originally meant 'happy'. We're told that everything he does 'pleases him' and that he takes great delight in doing good to people<sup>2</sup>. In one instance we're even told that he 'rejoices with singing' over the people he loves<sup>3</sup>. God is a happy, celebratory, revelling, delighting and dancing God.

Jesus is described as being full of joy and even told his followers "the reason I've taught you all this, is so that my joy might be in you"<sup>4</sup>. In fact one of the

song writers says in Psalm 16:11 "in your presence there is fullness of joy; at your right hand are pleasures for evermore".

**"In our quest for happiness this is a neon flashing sign with the words 'dig here'"**

God is interested in your heart's desire. He knows what it is and he's able to give it to you. This isn't a genie in a lamp sort of arrangement — delight yourself in the Lord and he'll give you a sports car or an easy, happy life. It's a promise that as you engage yourself in the activity of delighting in God, your desires will also be met. God will fill you up to bursting with your soul's deepest desire, he'll satisfy you in a way you've never experienced before. In our quest for happiness this is a neon flashing sign with the words 'dig here'.

Being happy isn't a question of getting everything we want and it isn't necessary for us to be perfectly healthy or perfectly at peace before we can be happy. Happiness is found in knowing God and trusting him with your life.

Jesus said "come to me, all you who are weary and burdened, and I will give you rest"<sup>5</sup>. He still speaks these words to us today. Jesus offered himself as the solution to the world's needs. He said "I am the light of the world"<sup>6</sup>, and "I am the way, the truth and the life"<sup>7</sup>. He said "I've not come to call the healthy but the sick"<sup>8</sup>. He came for people who were needy and desperate. He came for people who were tirelessly and restlessly looking for happiness. He came for people like me and people like you.

Jesus offers us happiness but not as an end in itself. Our restlessness is a by-product of a much larger reality and Christianity, if true, makes the most important claims in the world. Christianity claims to be able to resolve our restlessness by repairing what's broken.

We want to invite you to explore some of the big questions of life and examine the claims of Christianity. Flick through these pages and you'll find articles, courses, stories and online resources that tackle some of the toughest questions.

1. 1 Timothy 1:11 2. Jeremiah 32:41  
3. Zephaniah 3:17 4. John 15:11 5. Matt 11:28  
6. John 8:12 7. John 14:6 8. Mark 2:17

## STORIES

# TRAPPED

The story of Joe West

# BEHIND THE GLASS

Mum didn't have much money on benefits with five kids. More times than I could remember we would sit around the table at dinner, with nothing on it. Mum would say *grace*, and then there would be a knock at the door, and someone had brought us food. No lie!

Mum had a great faith for this sort of thing. She would pray about a bill she couldn't pay and the exact amount would get posted through our letterbox. It was just part of life.

Seeing all these little magical things that God did for us I thought 'he's just so good'. When I was 14 I asked Jesus into my life, and got baptised. But I didn't know much about the relationship side of things. I sort of thought 'God's just going to make me perfect now, my sins are gone'. But it's not that easy.

I was at school in Harrow, West London. Being dyslexic I found school hard, got in lots of trouble and was put down a year. I found it difficult not having a dad around to guide me, to show me the way and how to get things done.

At 15 I was introduced to marijuana. School was hard. Half the time I was bunking, and it was just something to do.

At 16 I was smoking cannabis every day and later went on to speed, ecstasy and a bit of cocaine. I started several courses at college but dropped out, not being able to concentrate because of the drugs I was taking. At 18 we used to sell pills at Camden Palace in London making £10,000 on two nights work. But we'd be eating them like Smarties and one night I landed in hospital.

**"You don't realise when you take heroin that it grabs you and there's no way out."**

I got married to Joanne at 21, but she didn't realise the extent of it — how messy it was when I went clubbing. One night we came back and I was rushing off my face. My brother and his friend had some heroin, which does the opposite to ecstasy. After rushing

all night at the clubs on pills they would use it to relax back down. So that was my first encounter.

Heroin is incredibly addictive. After taking it for three or four days in a row you become hooked. Your body stops making what the heroin is giving you, which is endorphins. And without them you just feel ill. Within a few months things changed, from going clubbing to sell pills to just "I need heroin, I need heroin..."

Things kept disappearing from our flat as I'd take them down *Cash Converters*. I got nicked a number of times for shoplifting, where I would sell items on to punters. After about a year of marriage Joanne legally separated from me. I got kicked out of the flat and lived in a shed for six months, and then slept out of my brother's old car. I did a lot of sofa surfing and went to rehab about six times. But I could never get more than a day through cold turkey.

I wasn't a comfortable heroin addict, if that makes sense. Because I'd been baptised and seen God's goodness, there was a real conflict and struggle within me. It was like the drugs and

the addiction didn't fit. But I had got into something I didn't know how to get out of.

**"I'd seen people overdose so it wasn't unfamiliar. But I put it in my arm and nothing happened. Nothing at all. I should have passed out."**

You don't realise when you take heroin that it grabs you and there's no way out. And if you're sleeping in a freezing shed with the rain pouring, half the time you need heroin just to help you crash out, to get you through the day.

Life got very complicated and hard. One time I got very low and decided I'd had enough. Normally you would put £10 worth of heroin in your arm, but this time I put £50 in to see what would happen. I thought 'If I go, at least I'll go high.'

I'd seen people overdose so it wasn't unfamiliar. I knew this was good stuff as I'd been using it for the last few days. I knew it worked. But I put it in my arm and nothing happened. Nothing at all. I should have passed out. I know that *something* should have happened. I can't explain it — and there's been a few other occasions since where God's just blatantly saved my life.

Because I got so desperate and was in such dire straits, the Drug and Alcohol Service in Harrow said that if I stayed off heroin for two months, and just took methadone, they would send me to Ealing Hospital where I would be medically detoxed — a very expensive treatment. So it was my one chance.

I managed to stick with it, but it took months before my body recovered. I felt like a baby, my body was so weak.

From there I went to rehab where you talk about 'issues'. I talked about how I hadn't had a dad to bring me up, but soon realised the extent of other people's problems. Like backgrounds of abuse and violence — some very major stories — and you think 'grief, I've got no excuse for being here'.

The question came: "so you're a heroin addict, at the same age as your dad when he left your mum with five kids... what makes you better than him?". And I realised history was repeating itself. I had become just like my dad.

I knew I couldn't go back to Harrow, because all I knew was drugs and addicts. So I packed my bags and went to work in Scotland at the *Abernethy Trust*, a Christian outdoor centre where my sister worked. I worked for two years on general jobs: cutting hedges, mowing lawns, that sort of thing, and then learnt to cook in the kitchens.

Every morning they would have a prayer meeting, and we would have to take it in turns to say something. So that got me closer to God and I would say that it was there that I started having a relationship with him.

When the drugs had cleared it was like God said "there you are". All through the drugs it was like I was trapped behind a pane of glass. I could see God but I couldn't get to him.

I stopped worrying about not having a dad around, and realised that God would be my dad instead. As soon as I made that link it transformed my life.

When you realise God's your dad, you realise he feels just the same way as you do about your kids. Whatever they do, good or bad, you love them anyway,

and you pour yourself out for them.

I was eventually reunited with Joanne, and we went on to have our two daughters and also foster other children. I've always loved kids, and I've been helped so many times that I thought 'let's help some others'.

When I was 14 I believe my faith was real and I was a Christian. But you've got to take that next step, to ask for the Holy Spirit and develop a relationship with God. That's what changes your life and gives your faith that depth.

**"All through the drugs it was like I was trapped behind a pane of glass. I could see God but I couldn't get to him."**

One of my favourite verses is Matthew 18:2-4, that we must become like little children. The people Jesus used weren't great scientists, mathematicians or anything. They were very normal blokes and the gospel is a very simple story: Jesus died for you, for your sins to be forgiven, so you could walk with him and have new life.



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*If you're struggling with alcohol, drug misuse or compulsive behaviours the Keys Detox Programme offers medical, spiritual and community support. See page 43 for details and page 31 for the group sign-up.*

# JESUS IS A NUISANCE

Jesus is a nuisance inasmuch as he's hard to ignore and he isn't easy to categorise.

Call him a 'nice man' and you'll read about him cutting an opponent down in a discussion or insulting someone of high standing. Call him a 'cruel man' and you'll find him including outsiders and healing helpless lepers. Instead if you insist that Jesus is a normal man, with a mix of good and bad like the rest of us, you'll overhear him making claims to divinity.

Jesus believed that when he spoke, he spoke with the authority of God and when he acted he acted on behalf of God. He told people to forget their dead, give up on their family and follow him instead. We might call him a 'religious nutter', but then what about the wisdom he spoke with and the care he extended to people? The claims Jesus made and the impact his followers have had on the world are simply too big to be ignored or pushed aside.

## What shall we do with Jesus?

The historical existence of Jesus is widely attested to. Not only are his life and death documented in the New Testament but non-Christian historians acknowledge his existence as well. In around 93AD the historian Josephus records for us:

*About this time there lived Jesus, a wise man, if indeed one ought to call him a man. For he was one who performed surprising deeds and was a teacher of such people as accept the truth gladly. He won over many Jews and many of the Greeks.<sup>1</sup>*

No credible historian today would doubt the historic existence of the

man Jesus of Nazareth. So Jesus existed in history, but what was he like?

The historic references outside of the Bible tell us almost nothing about what Jesus was like. For this kind of information we need to turn to the Bible itself.

In the Bible the New Testament begins with four books, each of which is an eye witness account of Jesus' life, death and resurrection. They record in detail some of the things Jesus did, with a special focus on his death and supposed resurrection.

## Can we trust the Bible?

Can we trust the Bible as a source of accurate information? The straightforward answer is a simple 'yes' and here's why.

The New Testament stands in a category of its own among ancient documents for its reliability. We trust the authenticity of other documents written around a similar time despite having very few documents at our disposal.

Take, for instance, Julius Caesar's recorded history documenting his battles in Gaul (modern day France). We have only 10 manuscripts documenting this, the closest to the original being 950 years after the recorded event took place. Yet with the gospels we have over 20,000 copies dating as close as 50 years after it was written (a partial document) and 270 years for a complete manuscript. We can assert with confidence that what we have in our New Testament is what was written in the first instance.

## Did Jesus rise from death?

The claim of Easter Sunday, that Jesus had risen from the dead, if untrue is the most outrageous stunt and deception ever pulled on the human race. It's become the cornerstone of faith for over 2 billion Christians alive today. Let's consider it together for a moment.

The tomb that Jesus was buried in no longer held his body on the Sunday following his execution. So what happened? Because the precautions the authorities took to guard his tomb were so extensive, only five feasible options have ever been put forward:

- 1 *Fearing how Jesus' followers might react to his death the authorities took the body and kept it for themselves. But when Jesus' followers started telling everyone Jesus was alive, the authorities were unable to produce the body to quell the disturbance.*
- 2 *The women who found the tomb empty went to the wrong tomb. As did everyone else, including the rich man who had recently purchased it. The original tomb was never found.*
- 3 *Jesus was close to death but didn't actually die. In the middle of the night he revived, rolled back the stone blocking the entrance to the tomb, overpowered the guards and then headed for the hills. Then, a while later he appeared 'alive' to his disciples.*
- 4 *Grave robbers stole the body. But they left behind the only thing in the tomb of any monetary value, his clothes.*

- 5 *The disciples stole the body. Grief stricken and not wanting to admit he was gone the disciples over-powered the guards (professional Roman soldiers), broke in to the tomb and took Jesus' body. After which they spread the rumour that Jesus was alive and well, and the world's true ruler.*

The death and resurrection of Jesus is one of the most well-documented events in history. Because of this, these are the only options that offer any explanation; but there's significant problems with each. There is of course one more, but it's an option with dangerous implications. It's an option that few of us are bold enough to entertain since it forces us to question what we're living for. The final option of course is that Jesus rose from the dead and is alive. It's an option that validates all of his previous claims to power. It's an option that changes everything.

## Jesus' message

Jesus' message was that you are loved by the creator of everything. You're so loved in fact, that before you were even born he sent his son to die for you. We have all 'sinned' — there's no shortage of evil, injustice or selfishness in the world. Jesus died on the cross to take all of the punishment we deserve. Jesus died to show you that God loves you. Jesus died so that you could be set free, released from the fear of death. He died so that you could know God as your father, and receive everlasting life.

To find out more discover Alpha on the next page, chat to us on a Sunday morning, or visit [www.kings.church](http://www.kings.church) to find our online resources in the Exploring Christianity section.

1. Book 18, chapter 3:3 of the Antiquities

# Stories from\*

“What Alpha offers, and what is attracting thousands of people, is permission, rare in secular culture, to discuss the big questions — life and death and their meaning”

*The Guardian*

**The Alpha course is an opportunity for anyone to explore the Christian faith. It's relaxed, low key, friendly and fun. We asked 12 people who have been on the course to share their experience.**

The Alpha experience was just brilliant. No question was dismissed as 'silly' and I felt completely comfortable being there and not being a Christian. I didn't feel pressured at all to change that either. Alpha definitely helped me to understand Christianity but it let me do that at my own pace. I didn't know what to expect but I got so much more from the experience than I could have ever imagined.

I was intrigued to see what happened on Alpha. So I went along and made some great friends. The course helped answer some of my questions, but ultimately understand myself and the feelings of my soul. Towards the end of Alpha I became a Christian and gave my life to Jesus. I was baptised the same year!

I did Alpha on the recommendation of friends at Kings. I came with an open mind and no preconceptions. Over the weeks I discovered Christ and I left a Christian with a thirst for more knowledge.

I was encouraged to try an Alpha course by my wife and daughter, who are both practicing Christians. I was unsure about the idea at first and only agreed to go to get some peace and quiet at home. To my surprise I enjoyed the whole experience, met some lovely people and gained a useful insight into both Christianity and the working of King's Church. Alas, I, personally, remained unconvinced. But I would encourage anyone with questions about Christianity to go on an Alpha course.

I found Alpha was the perfect platform to ask questions about Christianity from a very basic level. It was an opportunity to question my beliefs about the very existence of God and the accounts of Jesus and the Bible itself. We tackled those perceptions and with the help of friendly and extremely patient group leaders we could talk openly and I felt completely at ease. I was so inspired by the experience I have continued in my learning and have made long term friends.

I attended an Alpha course after seeing an advert on a church building, "Find the meaning of life" it said. I was looking for something, but just not sure what it was. I now believe in Jesus, but I'm still figuring out all the other stuff. One thing I do know is that I feel better for attending Alpha.

Since falling away from the church and losing my way I was led to Kings and then Alpha as a way of understanding Christianity again. This time I made the decision on the Alpha Away Day to become a Christian. Alpha has led me to some of the most beautiful friendships; it has allowed me to grow as a Christian and has encouraged me to accept new gifts from Jesus.

I was intrigued to find out more about Christianity and if indeed it was for me and to dispel myths and find the truth about Jesus Christ. Alpha answered numerous questions I had, whilst building relationships with Christians and non-believers. Each week built my trust as questions were answered and in November 2014 I put my life in God's hands and became a Christian.

It was a very special experience to meet with people who had found great strength and comfort in their faith, and also others who were searching for some meaning in their lives. The course showed me that God's love as a heavenly Father is eternal, unconditional, forgiving and supportive in all aspects of our lives.

My husband and I had only just made a decision to become Christians so Alpha was a great introduction in getting to know what Christians believe. Week by week we made new friends and heard more about how God speaks to people. It was the most significant decision I have made in my life.

I always thought of myself as a believer but never committed to why or how I believed. For me, Alpha at Kings welcomed me from day one and their malleable approach meant that knowledge gaps were filled, facts replaced fiction and the message became clearer.

I'd felt that there was something missing, that I had a hole for most of my adult life and tried to fill it with relationships that never worked. Coming to Alpha I was welcomed with open arms, I felt at home, and I learnt so much from everyone about Jesus, his teachings and about the sort of person, and parent I wanted to be. My Group Leader prayed for me each week and slowly but surely the hole and that feeling of emptiness disappeared. I knew, with certainty that Jesus was Lord and I wanted to follow him. I was baptised on Easter Sunday, and it was the most amazing day of my life.

# Alpha

[www.kings.church/alpha](http://www.kings.church/alpha)

see page 31 for dates



# THE BIG OBJECTIONS

...TO GOD, CHRISTIANITY AND THE CHURCH. WHAT'S YOUR OBJECTION?

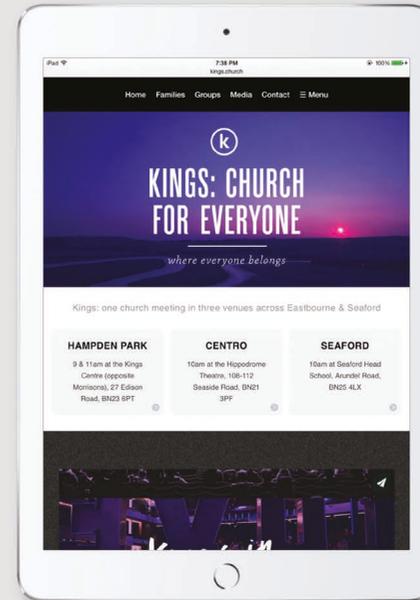
**What are your doubts, objections and criticisms of Christianity? We asked our local community this question and stressed that no subject was off-limits or too honest.**

We had many objections raised about all sorts of issues including science, suffering, sexuality, world religions and the Bible. If you have objections, questions or doubts about the Christian faith there's a good chance they've been addressed here. Visit our Big Objections resource page for seven 30 minute talks, a whole range of short videos and other media.

[www.kings.church/bigobjections](http://www.kings.church/bigobjections)

## RESOURCES FROM KINGS

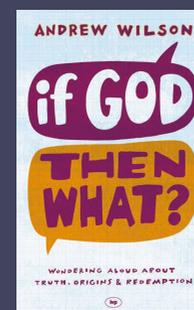
Keep your eyes peeled for our new website which will be going live any day now! New features include our online groups directory (with five different ways to search), a new media archive (with multiple ways to search) and an all-new design that's fully compatible with mobile devices.



[WWW.KINGS.CHURCH](http://WWW.KINGS.CHURCH)

## BOOK SHOP

Situated next to our Vivo Cafe Bar at the Kings Centre the book shop is packed with resources.



### If God, then What?

How do we know God exists or that the Bible is true? And what about suffering? This is a fantastic book that considers the big questions of life. Can't afford it? Show this ad to our book shop staff and pick one up for free!



@KingsEastbourne  
Seaford: @kingsseaford



@KingsChurchSE  
Centro: @KingsCentro  
Seaford: @KingsSeaford

Instagram

@kings.church.e.s  
Centro: @KingsCentro  
Seaford: @kings\_seaford

Q U R R I S I N G

S T ) R I E S E F

G ) N ' )

K I N J N E S

g e n e s i s

a new teaching series at Kings



God in the Old Testament is cruel, mean and aggressive; whereas the God in the New Testament is loving, kind and forgiving.

That's an opinion held by many people, but it's wrong. For the next three months on our Sunday mornings we'll be going through the first book of the Bible and discovering how surprisingly kind, forgiving and loving God has always been.

Genesis isn't just the name of a popular band from the 80s. It's also the book that opens the Bible's story and it's known to many only as being the book that records how God created the world and the story of Adam and Eve, but it's a book with so much more on offer. Written thousands of years ago it documents the lives of some of the most well known figures in history.

Each Sunday together we'll be exploring the stories and situations through which God first introduced himself to the human race. We'll meet some people who made a mess of their lives and some who never stood a chance. We'll watch to see how God treats the outsiders and the undesirables, the dishonest and the shameful. We'll delve into themes of regret and romance, family and failure and throughout it all we'll watch on amazed at the kindness and wisdom of God. It's a book packed full of surprises.

If you've ever made a decision that went dramatically wrong, or if you've ever wondered at how you could ever repair the damage you've caused — Genesis is for you. If you've ever wondered what you did to deserve the good things in your life or if you're amazed at your good fortune — Genesis is for you. If you've ever felt overlooked or devalued, abandoned or cheated; if you've ever despaired about the future or complained about how unfair life is, then Genesis is definitely for you.

It's an ancient book, one of the first in human history, but it's packed full of punch for modern life. Join us at any of our three venues to explore for yourself just how surprising, unexpected and consistent God's goodness has always been. Join us as we show how Jesus' life and death wasn't a one off display of kindness but the latest in a long line of God being good to us.

We hope to see you there!

We'll be working our way from Genesis chapter 12 all the way through to chapter 50. To get a head start why not read it for yourself and see what you make of it all?

h m a s i s e n e g  
 h t n i s c k c l s  
 b p u e a x i a k s  
 o r e r v f w a u e  
 c e g s i a a s x l  
 a h v r o w e i c b  
 j t c b u j i h t m  
 m a h a r b a g m h  
 s f a m i l y o y k  
 k v l o v e u d b w

# KIDS CORNER

How many words can you find above?

Faith • Ruth • Saviour • Law • Bless • Sin • Love • Heaven • God  
 Jesus • Father • Abraham • Sacrifice • Genesis • Isaac • Family  
 Joseph • Isaac • Grace • Jacob

Find out all about our kids work at [www.kings.church/kids](http://www.kings.church/kids) and discover our kids groups on Mondays (p28-29) and Fridays (p44-45).



KINGS YOUTH

# WHAT IS

Friendship?



We live in a world where 'follows' and 'friends' have become the same thing — a way to measure our own popularity and see what other people think of us. A recent study showed that although we can have hundreds of followers online, the reality is that most of us only have two true friends\*.

At Kings we believe that hanging out is an essential part of life, that's why it's at the heart of our youth work. At every event we want you to have a good time and make friends, whether it be Unit27 (our new monthly nightclub), ID (our 11-14s Wednesday night event) or True (our Thursday night group for 15-18s). We want you to feel part of the Kings Family.



@KingsYouthEB

@KingsYouthEB



A NEW 11-16S NIGHTCLUB HELD AT KINGS CENTRE  
 7:30-9:30PM ENTRANCE £1.50  
 DATES 27 JANUARY 24 FEBRUARY 31 MARCH  
 28 APRIL 26 MAY 30 JUNE 28 JULY  
 DRINKS AND SWEETS AVAILABLE

@UNIT27EB

# One church — three venues

Everyone is welcome at Kings, no matter what your beliefs, background or lifestyle. So drop in and take a look!

Kings is made up of around nine hundred people across Eastbourne and Seaford. We have three venues; each sharing the same DNA — such as our beliefs, leadership, resources and teaching. We're united as one church, yet each of our venues has its own feel and local expression.

Whichever venue is right for you, you will be welcomed into our community. Our groups are a great way of connecting with people and making friends in a smaller setting. For more information on joining our church, discover the Rooted course on page 62.

## HAMPDEN PARK

9 & 11am every Sunday  
Meets at the Kings Centre (opposite Morrisons)  
27 Edison Road, Eastbourne, BN23 6PT

▲ Hampden Park is the largest of our venues, gathering people from all over Eastbourne and the surrounding areas. The scale of the meetings and the spacious venue create a great context for worship, celebration and equipping. It's family-friendly, with plenty of space for children to play and a full range of activities for kids and youth.

Our welcome team are here to help you from the moment you step through the doors to the time you leave. The Visitors Café is where you can get to know us, ask any questions, and find out how you can get connected to life at Kings.

The meetings last 90 minutes and have an interval mid-way through. Although the meetings are larger in size, our groups are small and are a great place to get connected and become part of the community.

Our Vivo Café Bar is open from 8am on Sunday, so if you're an early bird, why not come in for tea, coffee or a light breakfast before the meeting starts?



## KINGS CENTRO

10am every Sunday  
Meets at the Hippodrome Theatre  
108-112 Seaside Road, BN21 3PF

▲ Kings Centro meets right in the heart of the town centre. With over 50% of the people who come living within walking distance, it's a great community full of locals, internationals and people of all ages and backgrounds.

With around 170 in attendance the venue offers a smaller setting for church which many people love. Each week our meetings can be translated into Spanish, Polish, Italian or Romanian (via headsets). And in true theatre style there's an interval mid way through serving free drinks and snacks.

Meeting in the Hippodrome Theatre, there's a distinct blend of our modern church style with the old, historic building. Next door to the Hippodrome is Centro Lounge — our fantastic visitors café where you can chat, get to know us, and ask any questions you like.

Like Hampden Park, our meetings last 90 minutes and there's a full kids programme for 0-11s. Situated in the town centre, it's great for after-church activities and the occasional baptism in the sea!



## SEAFORD

10am every Sunday  
Meets at Seaford Head School  
Arundel Road, Seaford, BN25 4LX

▲ Our Seaford venue is a small yet vibrant community with many young people and families. Serving the town, the venue meets in Seaford Head School just before 10am for coffee and brioche. There are great activities for kids and young people, and a fantastic visitors café, full of cakes and treats. Here you can chat, get to know us, and ask any questions you like.

There's plenty of on-site parking and meetings last around 90 minutes. While the same core elements unite all our venues at Kings, Seaford is led, served and loved by the local people.

Mid-week groups offer plenty of opportunity to mix with people from all venues. But there's lots going on in Seaford as well, such as curry nights, picnics, summer sports, and the occasional bake-off and nerf gun war!

You can find out more about our Seaford venue online at [kingsseaford.eu](http://kingsseaford.eu)



ONE-CHURCH EVENTS

# HUNGER↑

4 DAYS OF ENCOUNTER & PRAYER WITH A 48 HOUR FAST

Wed 11 Jan - with Dave Holden 8pm, Kings Centre  
Thurs 12 Jan - 10am, Kings Centre  
Thurs 12 Jan - Yhunger - 8pm, Kings Centre  
Fri 13 Jan - Celebration, worship & encounter - 8pm, Kings Centre  
Sat 14 Jan - For families. Tonnes of fun,  
plenty of pancakes & prayer for families - 10am, Kings Centre

All venues together at each meeting

The course is for every Christian, both new and not so new.  
It's for those who are progressing steadily in their faith and those who feel stuck.

## FREED *for* PURPOSE

We aim to help you:

- Grasp the amazing truth of your new identity in Christ
- Break through to a greater level of maturity as a Christian
- Uncover any areas of deception holding you back
- Resolve personal and spiritual conflicts
- Learn how to renew your mind and break free from negative thinking and unhelpful patterns of behaviour

See page  
36 for details

Mon  
23rd to Fri  
27th Jan

# RANDOM ACTS OF KINDNESS

Get involved by serving your community  
or partnering with a project

# UNITED

AT

## THE KINGS CENTRE

FOR HAMPDEN PARK, CENTRO & SEAFORD

International feasting night

7:30PM

WED  
18<sup>TH</sup> JAN

KINGS  
CENTRE

## ONE-CHURCH EVENTS

# other dates for 2017

### Easter Baptisms at Hampden Park

Sunday 16th April, 10am, Kings Centre

One joint meeting as we celebrate the work God has done in people's lives. If you would like to be baptised please sign up at the Info Point on a Sunday morning.

### Child Celebration

Sunday 18th June, Kings Centre

Giving thanks and praying for the new life in our church. If you would like to take part please sign up at the Info Point on a Sunday morning.

### Newday

31st July to 5th August

A major Christian youth event that takes place every summer over six days, aimed at 11-19 year olds.

# Got questions about life

The Alpha course is an opportunity for anyone to explore the Christian faith. It's relaxed, low key, friendly and fun.

Our Alpha course is a series of nine evenings. At the beginning of each a free meal is served, giving you a chance to get to know others, relax and enjoy yourself. Then there's a talk, addressing key issues like 'Who is Jesus?' 'What happens when we die?' and 'What about suffering?'

And then there's an opportunity to discuss what you've heard, share your views, and ask anything you like. Alpha is a place where no question is too simple or too hostile.

## Alpha

#TryAlpha [www.kings.church/alpha](http://www.kings.church/alpha)

See page 31 for dates

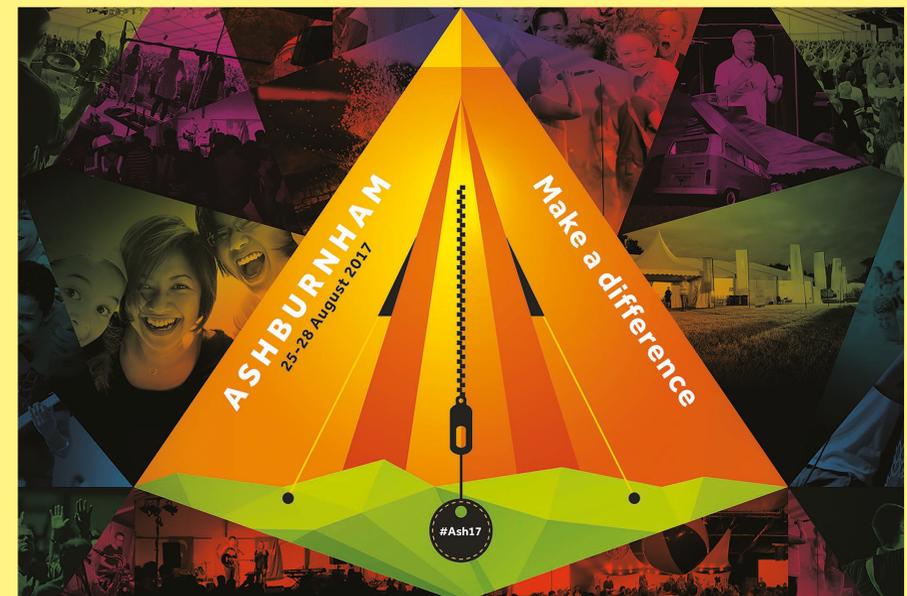
# The Marriage Course

The Marriage Course is a series of seven sessions, designed to help couples invest in their relationship and build a strong marriage.

The Marriage Course is based on Christian principles but designed for all couples with or without a church background. The course will help you to:

- Understand each other's needs
- Communicate more effectively
- Grow closer by learning methods to resolve conflict
- Recover from the ways you may have hurt each other
- Recognise how your upbringing affects your relationship
- Improve relationships with parents and in-laws
- Develop greater sexual intimacy
- Discover each other's "love language" and much, much more

See page 35 for dates



Book online at [newgroundchurches.org/ashburnham](http://newgroundchurches.org/ashburnham)

Early bird price break — 31st January 2017



# GROUPS

Groups are where we make friends, belong and grow together. There are lots of groups at Kings and lots of places to connect with others. Groups like Alpha and Alpha Plus for those who want to find out more about Christianity. Activity groups like boxing, musicianship, photography and crafts. Groups focused on Bible study and following our Sunday teaching series. Groups like Rooted for those who are new to Kings wanting to find out how we tick. Groups that have a mission or social action focus reaching out to our community, and we have also included kids and youth groups. With such a wide variety we hope there is something for everyone, whether you are new to Kings or have been around for a while.

Flick through the following pages and you'll discover many new groups for this term. For easy searching, groups are listed by day of week. The group categories along with further explanation are shown opposite. For lots more information on how our groups operate, see the Groups FAQ on page 49.

Listed here are five broad categories that make up the different types of groups at Kings

**KIDS & YOUTH**  
—  
Sports, activities and groups for the young people at Kings.

LOOK OUT FOR...

**REACH**  
—  
Groups that are involved in social action projects, outreach or mission. These can be ongoing or short term, for example, people meeting to plan our involvement in community events.

**ACTIVITY**  
—  
Shared interests such as sports, activities, hobbies or skills.

**COURSE**  
—  
These groups gather around a curriculum, like Alpha, Alpha Plus, Rooted, Freedom, Marriage, Parenting and Money Matters.

**KINGS LIFE**  
—  
Groups meeting regularly to build friendship and do life together. These groups typically follow the teaching series, with the option to look at a Biblical topic or book.

# SIGN UP FOR GROUPS

Sign up starts on Sunday 1st January.  
Please don't attempt to sign up before this date as your registration may not be accepted. To sign up, choose one of the following options:

Text your full name and the group ID code to: **07513 868 644**

Sign up online at [kings.church/groups](https://kings.church/groups)

Email your name and the group ID code to: [groups@kings.church](mailto:groups@kings.church)

Complete the groups sign up form available each  
Sunday and return to the Info Point

If you are remaining in your current group ask your group leader to sign you in for this term

mondays



## SHINewater SCHOOL READING

Julia Evetts

Adults Code: R13

- 🕒 Any week day
- 🕒 Weekly
- 📍 Shinewater, Eastbourne
- ✉ [julia.evetts@kings-centre.co.uk](mailto:julia.evetts@kings-centre.co.uk)

Volunteering at Shinewater School, helping the children on a one to one basis with early stages of reading and counting. 1-2 hours weekly at your convenience. A DBS will be done by the school.



## CRAFT, COFFEE, CHAT & CHILL

Fran Allen

Ladies Code: A30

- 🕒 9:30am—11:30am
- 🕒 Weekly
- 📍 Various homes in Seaford
- ✉ [fga@clara.co.uk](mailto:fga@clara.co.uk)

Share everyday life and our journey of faith. Support one another in prayer while crafting. Watch or do, whatever suits you.



## DAYTIME LIFE GROUP

Jackie Perry

Adults Following Sunday teaching Code: K1

- 🕒 10am—12:30pm
- 🕒 Weekly
- 📍 Kings Centre
- ✉ [chocoholicperry@aol.com](mailto:chocoholicperry@aol.com)

This group is for anyone who loves to study and discuss the Bible over a cup of coffee.



## CHRISTIAN BASICS

Marilyn Holder & Liliias Murton

Adults Code: K2

- 🕒 10am—12:30pm
- 🕒 Weekly
- 📍 Kings Centre
- ✉ [meholder0301@gmail.com](mailto:meholder0301@gmail.com)

For those new to Christianity or who want to brush up on the basics over a cuppa and cake.



## SHORT MAT BOWLING

Terry Howard

Adults Code: A1

- 🕒 1:30pm—4:45pm
- 🕒 Weekly
- 📍 Kings Centre
- ✉ [terryhoward@sky.com](mailto:terryhoward@sky.com)

A great indoor sport for all who enjoy a bit of competition. Lots of fun for experienced players or complete novices.

To sign up text your full name and the group ID code to 07513 868 644



## BIBLE STUDY

Rob & Ali Jackson

Adults Code: K45

- 🕒 2:30pm—4pm
- 📅 Weekly
- 📍 Seaford
- ✉ alirobjackson@gmail.com

A relational and fun Bible study group that will be getting to grips with the book of James in the New Testament and Daniel in the Old Testament. We'll also pray and offer support to one another.



## KIDS DRAMA GROUP

Steffi Huxley

School years 3-8 Code: KC5

- 🕒 5:30pm—6:30pm
- 📅 Fortnightly
- 📍 Kings Centre
- ✉ steffihuxley@sky.com

Come together to produce a show about the last week of Jesus' life, death and resurrection. The show will include singing, dancing and acting. To be performed to parents in the last week.



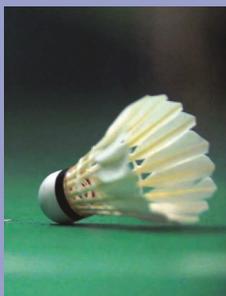
## IGNITE! YEAR 6 LIFE GROUP

Dom & Sarah Streek

School year 6 Code: KC1

- 🕒 6:30pm—7:30pm
- 📅 Fortnightly
- 📍 Kings Centre
- ✉ sarahstreek@gmail.com

A life group for children in year 6 with an aim to build friendship with God and one another, equipping them for secondary school. Fun, chat and growing together. Coffee in Vivo for parents who want to stay.



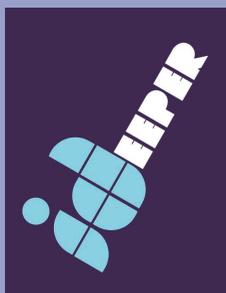
## BADMINTON

Fran Campbell-Dykes

Adults Code: A19

- 🕒 6:30pm—8pm
- 📅 Weekly
- 📍 Kings Centre
- ✉ frantic-1@hotmail.co.uk

Badminton for everyone. No matter what your level of ability come and have fun and play for as long you like. Invite friends



## IDEEPER

Adz Brennan

11-14s Code: Y4

- 🕒 7:30pm—8:45pm
- 📅 Fortnightly
- 📍 Kings Centre
- ✉ adz.brennan@kings-centre.co.uk

A place where 11-14s can go deeper in their relationship with God in a smaller setting.

To sign up text your full name and the group ID code to 07513 868 644



## STEPPING OUT

Paul Hulatt

Adults Code: R7

- 🕒 7:30pm—9:30pm
- 📅 Weekly
- 📍 Langney
- ✉ prpjhulatt@yahoo.co.uk

God's word tells us to spread the good news and love of Jesus. Let's encourage each other to reach as many people as possible. As followers of Jesus let this become our everyday lifestyle by the power of the Holy Spirit.



## AUTHENTIC: STUDENTS & 20S LIFE GROUP

Gary Walke & Hannah Sanders

Age 18-30's Code: K34  
Following Sunday teaching

- 🕒 7:30pm—9:30pm
- 📅 Weekly
- 📍 Eastbourne
- ✉ hannah\_sanders@hotmail.co.uk

Authentic group for students and twenties. We'll meet in various homes around Eastbourne. We'll enjoy making friends and growing in our faith together.



## SNIP AND SIP

Julie Hartingdon

Everyone Code: A29

- 🕒 7:45pm—9:30pm
- 📅 Fortnightly
- 📍 Roselands, Eastbourne
- ✉ julie.hartingdon@hotmail.co.uk

Do you enjoy crafting, glitter and glue? Come along, make new friends over a cuppa and enjoy time around the table designing, preparing and cutting out crafts our church toddler groups can enjoy.



## SOUNDS OF ALL NATIONS

Rumbie Linsell

Everyone Code: R10

- 🕒 8pm—9:30pm
- 📅 Fortnightly
- 📍 Kings Centre
- ✉ soundsofallnations@hotmail.com

A group infused with cultural diversity. We love to welcome new people. We enjoy singing together but we also love dancing, socialising, eating food and making new friends. Join us as we 'sing it out loud!'



### SANCTUARY CAFE

Gill Caroe & Jane Byers

Adults Code: R6

- 🕒 10:30am—12:30pm
- 🗓 Weekly
- 📍 Centro Lounge
- ✉ jlb23157@yahoo.co.uk

The team running the Sanctuary Cafe for refugees and immigrants; offering drinks, snacks and a listening ear to people who want to chat. We also signpost support services, and show Jesus' love to people.



### WAG (WOMEN AFTER GOD)

Sarah Lozinski

Ladies Childcare available Code: K41

- 🕒 12:15pm—1:45pm
- 🗓 Weekly
- 📍 Kings Centre
- ✉ sarah@oakwoodstudio.co.uk

A laid back group for women meeting to support each other, pray, talk and discuss the bible and everyday life issues of following God. Term time only.



### BUMPS2BABIES

Julie Hartingdon

Mums & babies Code: R1

- 🕒 1pm—2:30pm
- 🗓 Weekly (Term Time)
- 📍 Kings Centre
- ✉ julie.hartingdon@kings-centre.co.uk

A group for expectant mums and mums with babies up to 18 months old. Come along and make new friends over a cup of tea whilst your baby can explore our fun baby play area.



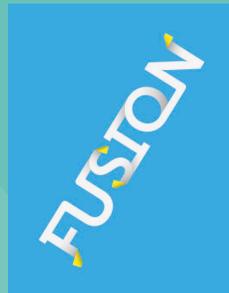
### OUTREACH ON CAMPUS

Wendy Stevens

Adults Code: R11

- 🕒 5:30pm—7pm
- 🗓 Weekly
- 📍 Brighton Uni Halls, Meads
- ✉ pinkkittenlady@hotmail.com

We will meet outside the Uni to speak to students and give away free items. Anyone can join who wants to step out of their comfort zone, has a heart for reaching people, and wants to bless the students.



### FUSION

Claire Howell

Adults Code: K13

- 🕒 6pm—7:30pm
- 🗓 Weekly
- 📍 Kings Centre
- ✉ clairemhowell@tiscali.co.uk

Open to all adults who need a bit more time to learn. Everyone is welcome, especially adults with learning difficulties.



### KEYS COMMUNITY DETOX

Paul Burley

Everyone Code: R12

- 🕒 7pm—8:30pm
- 🗓 Weekly
- 📍 Centro Lounge
- ✉ paulburley@keysuk.org

A mutual aid group for anyone who wants support to change any compulsive behaviour. This supportive group will also help to maintain abstinence from alcohol, drugs or other compulsive behaviour.



### WOMEN'S TEAM SPORTS

Sally Johnson & Cristy Holbrook

Ladies Code: A35

- 🕒 7:30pm—8:30pm
- 🗓 Weekly
- 📍 Sports Hall, Kings Centre
- ✉ sally@petejames.global

Primarily for mums but open to all women. Playing team sports for fun, such as netball, volleyball, and bench ball, which will include some fitness work. Invite your friends, have fun, get fit and meet other mums.



### KINGS LIFE

Steve & Ursula Thornett

Adults Following Sunday teaching Code: K4

- 🕒 7:30pm—9:30pm
- 🗓 Weekly
- 📍 Various Homes Eastbourne
- ✉ sthornett2@gmail.com

A relational and social group where we follow and discuss the Sunday teaching. We pray and support each other and others.



### ALPHA

Alpha — Eastbourne

Adults Code: C8

- 🕒 7:30pm—9:30pm
- 🗓 Weekly
- 📍 Kings Centre
- ✉ alpha@kings.church

Alpha is an opportunity for anyone to explore the Christian faith. We enjoy a meal, have a presentation and then plenty of time for discussion.



### ALPHA PLUS

Alpha Plus — Eastbourne

Adults Code: C9

- 🕒 7:30pm—9:30pm
- 🗓 Weekly
- 📍 Kings Centre
- ✉ alpha@kings.church

A Christian basics course, which is a great follow-on from Alpha. There's no need to have completed Alpha to sign up, just a desire to develop your Christian foundations.

To sign up text your full name and the group ID code to 07513 868 644



**KINGS LIFE**

*Darryl & Sarah Gosling*

Adults Following Sunday teaching Code: K11

- 🕒 7:45pm—9:30pm
- 📅 Weekly
- 📍 Various Homes Eastbourne
- ✉ dsandkids@live.com

Our group is about fun, food, and friendship! We will also follow the Sunday teaching and pray together.



**KINGS LIFE**

*Andrew & Alice O'Kane*

Adults Following Sunday teaching Code: K6

- 🕒 7:30pm—10pm
- 📅 Weekly
- 📍 Various Homes EB/Polegate
- ✉ alice\_okane@cheerful.com

Friendship, pastoral care and support, prayer, worship and Bible study. We also follow the Sunday teaching series.



**KINGS LIFE**

*Alex & Nancy Willis*

Adults Following Sunday teaching Code: K15

- 🕒 8pm—9:30pm
- 📅 Weekly
- 📍 Various Homes Eastbourne
- ✉ theauthor@alexwillis.me

A friendly group that loves the Bible. We pray together, follow the Sunday teaching notes and focus on a chapter of the Bible.



**LADIES 45 AND OVER**

*Rose Arnold*

Age 45+ Following Sunday teaching Code: K26

- 🕒 8pm—10pm
- 📅 Fortnightly
- 📍 Old Town, Eastbourne
- ✉ geoff.rose.arnold@gmail.com

A group for ladies over 45 who may be widowed, divorced, single, or who have husbands that are not part of church. We support and pray for each other and follow the Sunday preaching notes.



**KINGS LIFE**

*Oli & Wendy Stevens*

Adults Following Sunday teaching Code: K44

- 🕒 8pm—10pm
- 📅 Weekly
- 📍 Roselands, Eastbourne
- ✉ oli.stevens@kings-centre.co.uk

Church is about making and building relationships with others God puts around us. So we want to be a relational and fun group where we follow and discuss the Sunday teaching, pray and support each other.



**KINGS LIFE**

*Ian & Nicky Soars*

Adults Following Sunday teaching Code: K47

- 🕒 8pm—10pm
- 📅 Weekly
- 📍 Stone Cross, Eastbourne
- ✉ ianandnicky@btinternet.com

Working out God's purpose for our lives, immersing ourselves in the word, praying in faith, worshipping in the Spirit... And eating cake!



**MONEY MATTERS**

*Neil Barnett & Wes Game*

Adults Code: C10

- 🕒 8pm—9:30pm
- 📅 Weekly
- 📍 Kings Centre
- ✉ barnett107@gmail.com

Starting with biblical principles concerning finance and then developing this using practical tools to help with personal budgeting.



**KINGS LIFE**

*Colin & Eve Gosling*

Adults Following Sunday teaching Code: K48

- 🕒 8pm—9:30pm
- 📅 Weekly
- 📍 Old Town, Eastbourne
- ✉ goslinge@sky.com

A group for friendship, care, support, prayer, worship and Bible study. We also follow the Sunday teaching series.



**KINGS LIFE**

*Alan & Jan Mitchell*

Age 60+ Following Sunday teaching Code: K5

- 🕒 8pm—10pm
- 📅 Weekly
- 📍 Various Homes Eastbourne
- ✉ ajmitchell1239@gmail.com

Friendship, pastoral care and support, prayer and worship with a focus on the Sunday teaching series.



**KINGS LIFE**

*Emily Lynch*

Adults Following Sunday teaching Full Code: K32

- 🕒 8pm—10pm
- 📅 Weekly
- 📍 Various Homes Eastbourne
- ✉ mrs.emilylynch@live.co.uk

We follow and discuss the Sunday teaching. We pray for and support each other.

To sign up text your full name and the group ID code to 07513 868 644

# INKOSI KIDS



Over the last four years Kings has partnered with Thembalezizwe Church, Bulawayo, to support and develop an 'early childhood development centre' for children growing up in a rural community within Zimbabwe.

The children are from very poor backgrounds and wouldn't otherwise get an education. Many have lost parents and grandparents to HIV and Aids, others face on a daily basis the distress caused by poverty, violence and malnutrition.

The school was established in January 2013, initially with 20 children aged 3 and 4 from the local area. The project has since grown with members of Kings and other friends now sponsoring over 100 children; not only providing education, materials, uniforms and play equipment but striving to recapture the laughter, joy, self-confidence and hope that these children need.

As the children are often under nourished they are fed with porridge, fruit, peanut butter sandwiches and vegetables at school as well.

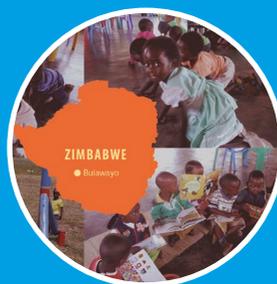
The original group of 20 have graduated and are now being sponsored through the local primary school. The Head teacher has commented on how advanced they are in their learning compared to the rest and several have won prizes. Last December the school held its first Graduation Ceremony with various dignitaries from the Education Department and the community attending.

The school has a clear Christian ethos, and is based in the Thembalezizwe Church, where our four teachers come from. Several of the parents have started attending church through the school, so it's proving to be a fantastic tool for outreach as well.

Through the programme, sponsors are making a huge difference to the lives of children who are disadvantaged in every way.

Sponsoring a child costs just £12.50 a month. To sign up visit [www.inkosikids.com](http://www.inkosikids.com) or contact Dave and June Dean for more information:

Landline: 01825 873644  
Mobile: 07899 071725  
Email: [inkosikids@kings.church](mailto:inkosikids@kings.church)



📺 Watch a 3 minute overview of our work in Zimbabwe at [www.kings.church/zim](http://www.kings.church/zim)

wednesdays



## STITCHIN' TIME

Lynn Thorpe

👤 Everyone Code: A7

- 🕒 10:30am—12:30pm
- 📅 Fortnightly
- 📍 The Beach Deck, Eastbourne
- ✉ [lynnysunflower@gmail.com](mailto:lynnysunflower@gmail.com)

Do you love knitting, crochet and needle craft or would you like to learn, have fun and make friends at the same time? This is for you.



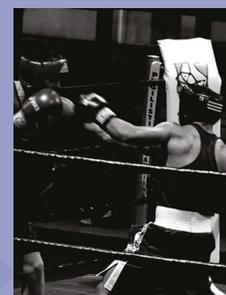
## COFFEE CUP CLUB

Miriam Blundell

👤 Ladies 55+ Code: R3

- 🕒 10:30am—12pm
- 📅 Fortnightly
- 📍 Various Eastbourne venues
- ✉ [samiria@mypostoffice.co.uk](mailto:samiria@mypostoffice.co.uk)

We meet together for coffee, mutual support and encouragement on the 2nd and 4th Wednesdays of the month. Bring friends and make new friends.



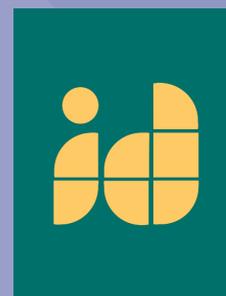
## BOXING CLUB

Steve Gaffney & Lee Jenkins

👤 Juniors 10+ / Seniors 16+ 🏷️ £2 Code: A13

- 🕒 6:30pm—8:30pm (see description)
- 📅 Weekly
- 📍 Eastbourne Town Centre
- ✉ [stephengaffney1@btinternet.com](mailto:stephengaffney1@btinternet.com)

A non-contact boxing initiative and play around for anyone 10 and over. Juniors: 6:30pm—7:15pm, Seniors: 7:15pm—8:30pm.



## ID: 11-14s YOUTH

Adz Brennan

👤 Age 11-14s Code: Y1

- 🕒 7pm—8:45pm
- 📅 Weekly
- 📍 Kings Centre
- ✉ [adz.brennan@kings-centre.co.uk](mailto:adz.brennan@kings-centre.co.uk)

ID is THE place to be for 11-14 year olds on a Wednesday night with five-a-side football, video games, a tuck shop and much more. We can guarantee you will have a good night!



## MARRIAGE COURSE

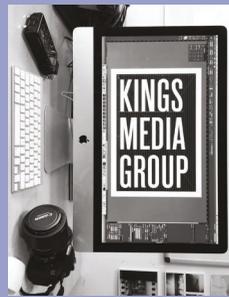
Steve & Ann Blaber

👤 Adults 🏷️ £7.50 per couple per week (subsidies available) Code: C4

- 🕒 7pm—10pm
- 📅 Weekly
- 📍 Kings Centre
- ✉ [steve.blaber@kings-centre.co.uk](mailto:steve.blaber@kings-centre.co.uk)

Do you want to enhance your marriage? Each evening consists of dinner for two along with video clips, teaching presentation and time for private discussion using work books.

To sign up text your full name and the group ID code to 07513 868 644



## KINGS MEDIA GROUP

Sam Arnold

Age 15+ Code: A26

- 🕒 7:30pm—9:30pm
- 📅 Fortnightly
- 📍 Hampden Park, Eastbourne
- ✉ sam.arnold@kings-centre.co.uk

Geek out on all things creative: filming, editing, photography, design and more. Get inspired and get involved with Kings media projects. More info at [facebook.com/kingsmedia88](https://facebook.com/kingsmedia88)



## AN ADVENTUROUS LIFE

Andrew & Alison Berry

Adults Code: K40

- 🕒 7:30pm—9:30pm
- 📅 Weekly
- 📍 Seaside, Eastbourne
- ✉ ali\_berry@hotmail.co.uk

For anyone who is actively seeking to live a life of adventure in God. We will worship, pray, serve and learn together. Sometimes we'll bring and share food.



## FREED FOR PURPOSE

Belinda Marsh

Adults Code: C17

- 🕒 7:30pm—9:45pm
- 📅 Weekly
- 📍 Kings Centre
- ✉ mattea.moore@kings-centre.co.uk

This course is for everyone. It is designed to help you grasp the truth of your new identity in Christ and break through to a greater level of maturity as a Christian.



## SEAFORD PRAYER GROUP

Jez Field & Jon Bowyer

Adults & mature youth Code: K43

- 🕒 8pm—9:30pm
- 📅 Fortnightly
- 📍 Seaford
- ✉ jez.field@kings-centre.co.uk

Prayer is the greatest privilege we possess. When we pray situations change, God speaks and faith comes. Join us for a regular evening of encountering God and praying about all things Seaford.



## KINGS LIFE

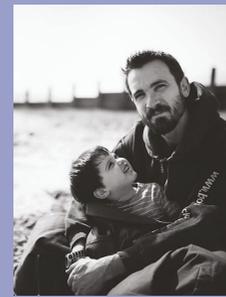
Will John

Adults Following Sunday teaching Code: K28

- 🕒 8pm—9:30pm
- 📅 Weekly
- 📍 Various Homes Eastbourne
- ✉ will\_john1@tiscali.co.uk

A relational and fun group where we follow and discuss the Sunday teaching. We pray and support each other and others.

To sign up text your full name and the group ID code to 07513 868 644



## PORTRAIT PHOTOGRAPHY

Paul Johnson (PJ)

Adults Code: A27

- 🕒 8pm—10pm
- 📅 Weekly
- 📍 Roselands, Eastbourne
- ✉ maniacshredder@hotmail.com

Portrait photography for beginners and intermediates.

A NEW 11-16S NIGHTCLUB HELD AT KINGS CENTRE

**7:30-9:30PM** ENTRANCE £1.50

**DATES** 27 JANUARY 24 FEBRUARY  
31 MARCH 28 APRIL 26 MAY 30 JUNE 28 JULY

DRINKS AND SWEETS AVAILABLE

@UNIT27EB
 @UNIT27EB

KINGS CENTRE / 27 EDISON ROAD / EASTBOURNE / BN23 6PT

01323 521125 ADZ.BRENNAN@KINGS-CENTRE.CO.UK



### MEN'S DAYTIME LIFE GROUP

Terry Howard

Men Following Sunday teaching Code: K19

- 🕒 10am—12:30pm
- 📅 Weekly
- 📍 Kings Centre
- ✉ terryhoward@sky.com

This group is for all men who love to worship, pray, read the Bible, listen and respond to the Holy Spirit. We support and care for each other.



### LADIES DAYTIME LIFE GROUP

Kay Cooper

Ladies Following Sunday teaching Code: K22

- 🕒 10am—12:30pm
- 📅 Weekly
- 📍 Kings Centre
- ✉ kaycooper98@gmail.com

We are a Ladies group who pray, study, worship and share our walk with God as we encourage each other. We use the preaching notes as well as speakers from the group or outside.



### LADIES DAYTIME LIFE GROUP

Anne Veasey

Ladies Following Sunday teaching Code: K18

- 🕒 10am—12:30pm
- 📅 Weekly
- 📍 Kings Centre
- ✉ annveasey1@hotmail.co.uk

This group is for all ladies who love to worship, pray, read the Bible, listen and respond to the Holy Spirit. We support and care for each other.



### LONG DISTANCE RUNNING

Credence Tarukwasha

Adults Code: A36

- 🕒 7pm—8:30pm
- 📅 Fortnightly
- 📍 Eastbourne
- ✉ credencet@hotmail.com

A group for runners to aid in preparing, encouraging and fellowshiping together specifically to participate in marathons and similar events either for health reasons or to support charities.



### TRUE

Adz Brennan

Age 15-19s Code: Y2

- 🕒 7:30pm—9pm
- 📅 Weekly
- 📍 Kings Centre
- ✉ adz.brennan@kings-centre.co.uk

We want to see our young people become robust followers of Jesus. At True we spend nights getting to know each other and finding out more about God.

To sign up text your full name and the group ID code to 07513 868 644

# BRAMBER BAKEHOUSE



## Scrumptious homemade cakes, delicious artisan breads and a little taste of freedom

Bramber Bakehouse was set up to give women who have experienced exploitation an opportunity to rebuild their lives. The vision was born in 2014, when Lucy and Hollin discovered a mutual passion for baking and fighting the injustice of millions of women being exploited across the world.

Bramber Bakehouse is right in the heart of Kings and includes church members

Anna, Liz, Hollin and Dan as well as recent addition Martha Collison – star of the Great British Bake Off.

In 2016 the vision became a reality as Bramber Bakehouse ran its first series of specialist workshops teaching baking, employability, and life skills. Delivered in partnership with The Sophie Hayes Foundation, the workshops include one-to-one mentoring, budgeting and

career advice. The programmes are constructed to give the best chance of recovery to women who have previously experienced exploitation.

The baked goods will be on sale at the 9, 10 and 11am services at our Eastbourne venue. Funds raised will go towards the costs of the workshops, so you can enjoy delicious cakes and support a great cause!



Bramber Bakehouse's long-term vision involves opening a bakery supplying local businesses and offering 12 month internships.

To find out more, including how you can support the project, visit [www.bramberbakehouse.co.uk](http://www.bramberbakehouse.co.uk)



@Bramberbakehouse



Bramber Bakehouse



@Bramberbake





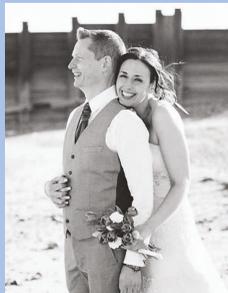
### JOURNALING

Julia Evetts

Adults & mature youth **Code: A34**

- 🕒 7:30pm—9pm
- 📅 Weekly
- 📍 Kings Centre
- ✉ julia.evetts@kings-centre.co.uk

Bible Art Journaling for beginners. Reflect on a verse, take time to think about it, then sketch, doodle, illustrate or draw it out to help it sink in. Encouraging each other as we go.



### DEVELOPING A DEEPER RELATIONSHIP WITH GOD

Clinton & Sarah Lock

Adults **Code: K37**

- 🕒 7:30pm—10pm
- 📅 Weekly
- 📍 Various Homes Eastbourne
- ✉ clintonlock@gmail.com

With the different circumstances we face in life we'll look at how we can live in victory by developing a deeper relationship with God and his word.



### KINGS LIFE

Dave & Fran Mitchell

Adults Following Sunday teaching **Code: K17**

- 🕒 7:45pm—9:30pm
- 📅 Fortnightly
- 📍 Lower Willingdon
- ✉ davefran@btinternet.com

A relational and fun group where we follow and discuss the Sunday teaching. We pray and support each other and others.



### LOCAL BUSINESS NETWORK

Jon Clarke

Adults **Code: R16**

- 🕒 8pm—9:30pm
- 📅 Fortnightly
- 📍 Mercread Centre, Seaford
- ✉ jon@nacft.com

A group for local business owners. A chance to encourage & support one another as well as benefit from the occasional coaching session.



### GAMES NIGHT

Matt & Michelle Troy

Adults **Code: A40**

- 🕒 8pm—9:30pm
- 📅 Weekly
- 📍 Mercread Centre, Seaford
- ✉ matthew.trojan@googlemail.com

Get together with friends, play games and have fun. Free food and drink provided and the chance to relax and unwind after a hard day's work.



### BAKE, COOK, EAT

Ross Pavey & Abbey Bowyer

Adults Small charge on some nights **Code: A38**

- 🕒 8pm—9:30pm
- 📅 Weekly
- 📍 Mercread Centre, Seaford
- ✉ jonabs123@btinternet.com

For anyone who loves to bake or cook. Hosted by a local mum who loves to bake and a professional chef with over 20 years fine dining experience. Come and try new dishes and pick up some top tips for the kitchen!



### BASKETBALL

Jez Field & Tiago DaCosta

Adults **Code: A37**

- 🕒 8pm—9:30pm
- 📅 Weekly
- 📍 Mercread Centre, Seaford
- ✉ jez.field@kings-centre.co.uk

A weekly group for fitness, competition and basketball. All abilities welcome.



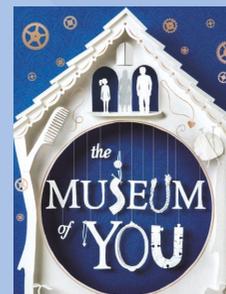
### 16-30S HANG OUT

Sarah Kinloch

Age 16-30s **Code: A39**

- 🕒 8pm—9:30pm
- 📅 Weekly
- 📍 Mercread Centre, Seaford
- ✉ sarahkinloch@uwclub.net

A social group for those age 16+. Play pool, PS3 or X-Box, table football or table tennis. Meet new people, make new friends and have fun.



### BOOK CLUB

Zoe Rundle

Adults **Code: A41**

- 🕒 8pm—9:30pm
- 📅 Weekly
- 📍 Mercread Centre, Seaford
- ✉ thereisatimetodance@yahoo.co.uk

A fun and informal book club for the casual reader. We'll be reading The Museum of You, by Carys Bray; a book about identity and self-discovery. Enjoy a glass of wine, make new friends & discuss some of the book's themes.



### KINGS LIFE

Chris & Allie Bratt

Adults Following Sunday teaching **Code: K10**

- 🕒 8pm—10pm
- 📅 Weekly
- 📍 Sovereign Harbour
- ✉ alliebratt@hotmail.co.uk

A multicultural group for friendship, encouragement and support. We love to worship and pray together. We follow the Sunday teaching series.

To sign up text your full name and the group ID code to 07513 868 644



**KINGS LIFE**

Colin & Terry Belsey

Adults Following Sunday teaching Code: K20

- 🕒 8pm—10pm
- 📅 Weekly
- 📍 Various Homes Eastbourne
- ✉ colin@terriandcolin.co.uk

A relational and fun group where we follow and discuss the Sunday teaching. We pray and support each other and others.



**KINGS LIFE**

Paul & Kirsty Norton

Adults Following Sunday teaching Code: K12

- 🕒 8pm—10pm
- 📅 Fortnightly
- 📍 Various Homes Eastbourne
- ✉ pkncarp@hotmail.co.uk

We will meet to grow in our relationship with God through sung worship, sensitivity to the Holy Spirit, and following the Sunday Teaching. We're a group that loves God, loves fun and love one another.

# ENGLISH CONVERSATION

*Free basic English speaking and listening classes for internationals. Speaking about everyday topics in a friendly, relaxed atmosphere. (Term time only)*

Monday mornings at Kings Centre, 27 Edison Road, BN23 6PT (opposite Morrisons) 10–11:45am	Monday afternoons at Centro Lounge, 102 Seaside Road, BN21 3PF (next to Hippodrome Theatre) 1–2:30pm
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All internationals welcome — just drop in!  
For enquiries phone Kings Church reception on 01323 521125



## THE KEYS PROJECT

For those struggling with alcohol, drug misuse or compulsive behaviours

As a church we believe that in Christ we have all the power and resources we need to walk free from any amount of life debilitating addictions or behaviours. For this reason we're thrilled to introduce a new community detox and recovery group at Kings.

We're working in partnership with the KEYS Project to help people with addictions by offering medical, spiritual and community support. The two main streams we're introducing to this are the KEYS community detox and the KEYS recovery group.

In 2013 the KEYS Project was started by Dr Steve Smith, a specialist in substance misuse who's passionate

about including the spiritual dimension of knowing Jesus and equipping churches to support people trying to break free from addiction.

**KEYS Community Detox**

KEYS is a church based programme that offers an alcohol and drug medical community detox for those seeking to be freed from their addiction. There are three stages to this:

1. The specialist substance misuse doctor completes an assessment and arranges the necessary medication to support the person (in liaison with their own GP or drug clinic through the detox).
2. Preparation for detox and the detox itself is undertaken with active support from 'detox

coaches' who are trained volunteers from the church community. This includes a spiritual freedom programme.

3. Continued contact and support to facilitate long term recovery.

**KEYS Recovery Group**

The KEYS recovery group is a core part of the ongoing support available for anyone who wants to change their addictive or compulsive behaviours and maintain abstinence. The group meets weekly and the attenders are encouraged to work through the twelve steps for Christians.

The recovery group is meeting at the Centro Lounge, Seaside Road every Tuesday from 6:45pm to start at 7pm and finishes around 8:30pm.



For further information please contact Paul Burley at Kings

Or for The KEYS Project:

- Tel: 01273 987977 or 07594 011058
- Email: [detox@keysdetox.org](mailto:detox@keysdetox.org)
- Web: [keysdetox.org](http://keysdetox.org)
- Facebook: [Facebook.com/KeysDetox](https://www.facebook.com/KeysDetox)
- Twitter: [@KeysDetox](https://twitter.com/KeysDetox)



### PRAY FOR 100

Adz Brennan

Adults Code: R9

- 🕒 11:30am—12:30pm
- 📅 Fortnightly
- 📍 Kings Centre
- ✉ adz.brennan@kings-centre.co.uk

With a vision to see 100 families added to the church it is essential for us to pray. Join us then to pray this vision into a reality.



### LADIES GROUP

Jo Moyses

Childcare available  
Ladies Following Sunday teaching Code: K25

- 🕒 12:30pm—2pm
- 📅 Weekly
- 📍 Kings Centre
- ✉ moyz77@btinternet.com

For ladies, providing support and friendship. Over lunch we share, pray, worship and learn together. We are also using the Sunday preaching notes.



### MUM'S PRAYER

Polly Wilkinson

Ladies Childcare available Code: K35

- 🕒 10am—12pm
- 📅 Weekly
- 📍 Seaford
- ✉ pjt10@uni.brighton.ac.uk

Don't let the little years be the wilderness years. Come and meet with other mums for prayer and encouragement, coffee and cake. Babies welcome.



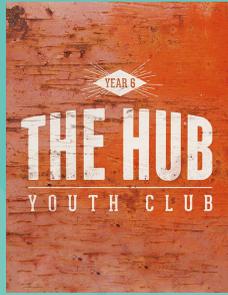
### YEAR 3-6 CLUB

Julia Evetts

School years 3 to 6 £1 Code: KC4

- 🕒 6pm—7:15pm, selected Fridays
- 📅 Monthly
- 📍 Devon Hall, Kings Centre
- ✉ julia.evetts@kings-centre.co.uk

Meets once a month between Sept — Dec. We will run a variety of activities including drama, games, cooking, singing, dancing and Christmas crafts. Make friends and bring friends. Kids Film & treats — £1



### THE HUB TEAM

Paul Gosling

Adults Code: R4

- 🕒 6:45pm—9:15pm
- 📅 Weekly
- 📍 Shinewater, Eastbourne
- ✉ gosling2000\_99@yahoo.com

The amazing team running the Hub Youth Groups for children living in the Shinewater area in school years 3-7. If you want to make a difference in a young persons life, join us. DBS Required.



### FRIDAY NIGHT FOOTBALL

Rachel Michael

School years 3 to 6 50p Code: KC2

- 🕒 6pm—7pm
- 📅 Fortnightly
- 📍 Kings Centre
- ✉ 1rachelmichael@gmail.com

Football for junior school aged kids. Cost is 50p. Bring a drink and wear sports clothes/trainers. Parents need to stay. Tea and coffee is provided.



### YEAR 1&2 CLUB

Kacey Cleeve

School years 1 & 2 £1 Code: KC3

- 🕒 6pm—7pm, selected Fridays
- 📅 Monthly
- 📍 Kings Centre
- ✉ cowgirlkacey1@yahoo.co.uk

A club for children in school years 1 & 2, meets in the Devon Hall. Cost is £1. Crafts, Games, Ball pit. Make friends, bring friends and have fun. Parents welcome to stay and have a coffee.



### FRIDAY NIGHT DINNER

Chris Taylor & Lynn Doidge

Adults Code: K38

- 🕒 7:30pm—9:30pm
- 📅 Weekly
- 📍 Meads, Eastbourne
- ✉ christinertaylor@hotmail.com

Would you like to meet new people and make friends? Each Friday, over a relaxed meal we'll do just that. We'll also go through the book, Purpose Driven Life.



### STITCHIN' TIME

Lynn Thorpe

Everyone Code: A10

- 🕒 8pm—10pm
- 📅 Fortnightly
- 📍 Redoubt, Eastbourne
- ✉ lynnysunflower@gmail.com

Do you love knitting, crochet and needle craft or would you like to learn, have fun and make friends at the same time? This is for you.



### STREET PASTORS

Carl Guy

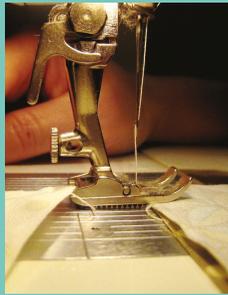
Adults Code: R8

- 🕒 Friday & Saturday nights
- 📅 Weekly
- 📍 Town Centre, Eastbourne
- ✉ carlguy60@hotmail.com

Faith in action amongst the pubs and clubs of Eastbourne. Talking and praying together, providing a listening ear to the troubled and practical support for the vulnerable and those who have overindulged.

To sign up text your full name and the group ID code to 07513 868 644

# fridays



## SEWING FOR BEGINNERS

Dorota Matyszkiewicz

Adults Code: A31

- 8pm—10pm
- Weekly
- Redoubt, Eastbourne
- dorosiam@yahoo.co.uk

A group for people wanting to learn to sew. No experience needed. An opportunity to learn basic sewing skills. There will be time for group members to start their own project.

# saturdays



## STREET PASTORS

Carl Guy

Adults Code: R8

- Friday & Saturday nights
- Weekly
- Town Centre, Eastbourne
- carlguy60@hotmail.com

Faith in action amongst the pubs and clubs of Eastbourne. Talking and praying together, providing a listening ear to the troubled and practical support for the vulnerable and those who have overindulged.



	<p><b>AUTHENTIC</b>  <i>Hannah Sanders &amp; Gary Walke</i></p> <p>🔑 Students &amp; 20s <b>Code: A20</b></p> <hr/> <p>🕒 12:30pm—3pm          🗓 Weekly          📍 Wetherspoons (Cornfield Rd)          ✉ hannah_sanders@hotmail.co.uk</p> <p>Students and 20s across all venues meeting for Sunday lunch. We meet at Wetherspoons on Sunday lunchtime.</p>
	<p><b>ROOTED: WHERE ENGLISH IS AN ADDITIONAL LANGUAGE</b>  <i>Graham Marsh &amp; Belinda Marsh</i></p> <p>🔑 Adults          🧑‍🎓 Childcare available <b>Code: C1</b></p> <hr/> <p>🕒 12:30pm—2pm          🗓 Alternate, starts Sun 12th Feb          📍 Centro Lounge          ✉ mattea.moore@kings-centre.co.uk</p> <p>What makes us tick? What is our vision, culture and values. What does it mean to be part of Kings? This course will be accessible for people where English is an additional language. A light lunch provided.</p>
	<p><b>ROOTED</b>  <i>Graham Marsh &amp; Belinda Marsh</i></p> <p>🔑 Adults 🧑‍🎓 Childcare available <b>Code: C6</b></p> <hr/> <p>🕒 1pm—2:30pm          🗓 Alternate, starts Sun 5th Feb          📍 Kings Centre          ✉ mattea.moore@kings-centre.co.uk</p> <p>What makes us tick? What is our vision, culture and values. What does it mean to be part of Kings? How do I find my place and use my gifts to serve God at Kings? A light lunch provided.</p>
	<p><b>NEW LIFE</b>  <i>Jacob Woods</i></p> <p>🔑 Young people 15-25 <b>Code: R17</b></p> <hr/> <p>🕒 7:30pm—9pm          🗓 Fortnightly          📍 Kings Centre          ✉ jacob.woods@kings-centre.co.uk</p> <p>An evening of music, worship and encounter for young people. Invite friends.</p>

To sign up text your full name and the group ID code to 07513 868 644

GROUPS FAQ

Groups run on a termly basis. This term runs from Monday 30th January for 9 weeks until 1st April. You can find out how to sign up on page 26. And if you're interested in starting a new group next term, we would love to hear from you. Send your new idea to [groups@kings.church](mailto:groups@kings.church)

**How do I know which group is right for me?**

All the groups have a code that indicates the category of group it is (see page 25). For example 'K1' is Kings Life, 'C1' is a Course and 'A1' is an Activity.

**How do I register for a group?**

At the beginning of each term, we will publish a new Kings Identity magazine which will contain an updated Groups Directory. Each group will have a sign-up code alongside its listing. Use this code to sign up by text, email, online or paper form.

**When do groups start?**

This term most groups start the week of 30th January

**When can I sign up for a group?**

The sign-up window for this term starts Sunday 1st January and runs to Sunday 29th January. Sign-up generally takes place during the first month of the school term.

**What happens if I miss the sign-up window?**

During the sign-up window, you will have plenty of opportunity to sign up for a group. However, on occasions it may be possible to join some groups during the term if there is still space.

**How long will groups run for?**

This term most groups will run until the 1st April, although some group leaders may continue until Easter. Groups will not be running from Easter to 7th May as this is when we have our various one-church events like Hunger, United and outreach events.

**Can I join more than one group?**

Yes you can, but remember it's better to attend one group regularly than lots of groups occasionally.

**If I attend Kings Centro, can I join a group linked to Kings Seaford or Eastbourne?**

Yes, as we are all one church, you can join a group linked to any venue.

**What happens after I have signed up for a group?**

The group leader will contact you and introduce themselves to you. If you have any questions about the group, this is the time to ask. Once you are both happy that the group is for you, you will be added to the group for that term.

**What can I do if a group I would like to join is full?**

Many groups will run for more than just one term, so you will have another opportunity to join later in the year.

**Am I allowed to stay in a group for more than one term?**

Before each term finishes your group leader will ask if you wish to stay in the group the following term. If you do, then they will let us know and you don't need to do anything more.

**I have an idea for a group that I would like to run in the future. Is that OK?**

Yes, we are on the lookout for new groups and would like to hear your idea. Email a brief summary of your idea to [groups@kings.church](mailto:groups@kings.church)

If you have any other questions about groups, please email [groups@kings.church](mailto:groups@kings.church)



# TEAMS

Jesus served, and not just by preaching, healing and working miracles, he served by washing his disciples feet. He embraced all the gritty details of daily life and set an example. Not just for his disciples, but all of us who follow him.

H — Hampden Park  
 C — Centro  
 S — Seaford

Serving is good for you, it blesses others and impacts on those who are yet to find Jesus.

There are lots of amazing people using their time, gifts and energy to serve, and there are others who just want to know what needs doing and how to get stuck in. For this reason we have produced a directory of teams.

All you need to do to find out more about serving opportunities in any of these teams is let us know using one of the methods listed to the right. As many teams operate at all the Kings venues, each code has an H, C, S representing the three different venues.

Select the team code that represents the venue you want to serve at, for example T17H is the Sunday Kidz at Hampden Park venue.

A team leader will respond within a few days and take things from there. Please note that most teams are running all year. If you wanted to have a taster session in the team, you can ask the team leader and see if this is possible in their team. Please also note that some teams will require a DBS before you can get stuck in — Kings will help you with this.

## HOW TO SIGN UP

Text your full name and Team ID code to: 07513 868 644

Complete the Team sign-up form available online at [kings.church/teams](https://kings.church/teams)

Email your full name and the Team ID code to [teams@kings.church](mailto:teams@kings.church)

Please do not sign up until Sunday 1st January as your enquiry may not get through to us before that date.

### SUNDAY GUEST CAFE

Sunday Team

Our Sunday Guest Cafe is the place where people immediately feel welcome and at home. Serving and chatting with guests who are looking in on the church, wanting to find out a bit more.

☉ Sunday mornings ♦ Adults ☕ Interview 📍 Hampden Park / Centro

Code: T18H / T18C

### SUNDAY CAFE

Sunday Team

Our Sunday (Vivo) Cafe is place where people mingle and catch-up on Sunday morning. This team runs the cafe, serving hot drinks and refreshments.

☉ Sunday mornings ♦ Adults & youth 📍 Hampden Park / Seaford

Code: T19H / T19S

### SUNDAY WELCOME

Sunday Team



A great welcome makes a lasting impression on anyone coming to Kings. A friendly smile, a helping hand, a point in the right direction, causes people to feel at ease from the moment they arrive.

☉ Sunday mornings ♦ Adults & youth ☕ Interview 📍 Hampden Park / Centro / Seaford

Code: T20H / T20C / T20S

### CAR PARK WELCOME

Sunday Team

The welcome starts right here! How will people feel as they arrive at Kings — nervous, expectant, unsure? This team in their high-viz jackets help people to quickly feel they have come to the right place.

☉ Sunday mornings ♦ Adults ☕ Interview 📍 Hampden Park / Seaford

Code: T7H / T7S

### CENTRO INTEGRATION

Sunday Team

Working alongside the Welcome Team we aim to reach out to visitors and guests, helping them to feel part of our church community and connecting them with Groups and friends.

☉ Sunday mornings ♦ Adults 📍 Centro

Code: T29C

### PARENT & TODDLER AREA

Sunday Team



Each Sunday we provide a safe parent and toddler area where parents can stay with their children if they need some space. This area is also served by a friendly team that can help parents if needed.

☉ Sunday mornings ♦ Adults & youth ☕ Interview 📄 DBS required 📍 Hampden Park

Code: T25H

### MINI KIDZ

Sunday Team



The amazing team that runs Mini Kidz on a Sunday morning. Mini Kidz is our programme for children aged 4-5 (Centro: 0-5s).

☉ Sunday mornings ♦ Adults & youth ☕ Interview 📄 DBS required 📍 Hampden Park / Centro

Code: T11H / T11C



Kids and young people can serve alongside their parents

## MINI TOTS

Sunday Team



The amazing team that runs Mini Tots on a Sunday morning. Mini Tots is our programme for children aged 2-3.

Code: T12H / T12S

☉ Sunday mornings ♦ Adults & youth ☕ Informal interview 📄 DBS required 📍 Hampden Park / Seaford

## SUNDAY KIDZ

Sunday Team



The amazing team that runs Sunday Kidz on a Sunday morning. Sunday Kidz is our programme for children in school years 6-11.

Code: T17H / T17C / T17S

☉ Sunday mornings ♦ Adults & youth ☕ Informal interview 📄 DBS required 📍 Hampden Park / Centro / Seaford

## SUNDAY YOUTH

Sunday Team

Be part of the team that runs Sunday Youth — reaching and equipping 11-14s at Kings

Code: T21H / T21C

☉ Sunday mornings ♦ Adults & youth ☕ Informal interview 📄 DBS required 📍 Hampden Park / Centro

## WORSHIP & PRODUCTION

Sunday Team



This team helps us connect with God through sung worship on Sunday and other church events. If you love God and want to use your musical or technical gift to serve the church sign-up. Interview required.

Code: T4H / T4C / T4S

☉ Sunday mornings ♦ Adults & youth ☕ Informal interview 📍 Hampden Park / Centro / Seaford

## ADULT NEEDS SUPPORT

Sunday Team

This team provides support for Adults at the Hampden Park venue who may require a little help during the Sunday meetings.

Code: T14H

☉ Sunday mornings ♦ Adults ☕ Informal interview 📍 Hampden Park

## SUNDAY BOOKSHOP

Sunday Team



This team serves in the bookshop, providing us with some great music and book resources on Sunday mornings at Hampden Park.

Code: T16H

☉ Sunday mornings ♦ Adults & youth 📍 Hampden Park

## INFO POINT

Sunday Team



Our Info Point is where people go to sign-up, find out more, ask questions and make enquiries. A friendly smile, and the ability to signpost people in the right direction is important on this team.

Code: T23H

☉ Sunday mornings ♦ Adults & youth ☕ Informal interview 📍 Hampden Park

## SECURITY

Sunday Team

Providing a safe and secure environment for everyone on a Sunday morning is very important. This team takes care of security at the Kings Centre on Sunday and occasional other church events.

Code: T26H

☉ Sunday mornings ♦ Adults ☕ Informal interview 📍 Hampden Park

## ROOTED

Sunday Team

Rooted is an introduction to Kings course that we run alternate Sunday lunchtimes during term time at the Kings Centre & Centro Lounge. We need team to help provide a great welcome to those new to Kings.

Code: T27H / T27C

☉ Sunday afternoons ♦ Adults ☕ Informal interview 📍 Hampden Park / Centro

## TUESDAY FOCUS

Midweek Team

Be part of a great team that hosts our community toddler group, an opportunity to serve and show God's love to local families in Eastbourne (9.30am to 12pm, term time only).

Code: T1H

☉ Tuesday mornings ♦ Adults ☕ Informal interview 📍 Hampden Park

## WEDNESDAY FOCUS

Midweek Team

Be part of a great team that hosts our community toddler group, an opportunity to serve and show God's love to local families in Eastbourne (9.30am to 12pm, term time only).

Code: T15H

☉ Wednesday mornings ♦ Adults ☕ Informal interview 📍 Hampden Park

## FRIDAY FOCUS

Midweek Team

Be part of a great team that hosts our community toddler group, an opportunity to serve and show God's love to local families in Eastbourne (9.30am to 12pm, term time only).

Code: T3H

☉ Tuesday mornings ♦ Adults ☕ Informal interview 📍 Hampden Park

## ALPHA CATERING

Midweek Team

To provide catering team support for Alpha & Alpha Plus meeting on a Thursday evening at the Kings Centre during our Group term time. You will assist the catering leader on the night and serve our guests dinner.

Code: T5H

☉ Thursday evenings ♦ Adults 📍 Hampden Park

## ALPHA

Midweek Team

Being a part of the Alpha team gives you an opportunity to help people explore Christianity. Whether leading a discussion group or chatting with people as they arrive, it's all about introducing people to Jesus.

Code: T6H

☉ Thursday evenings ♦ Adults ☕ Informal interview 📍 Hampden Park

## FREED FOR PURPOSE

Midweek Team

The team that hosts and runs Freed For Purpose, a 9-week course designed to help people grasp the truth of their new identity in Christ and break through to a greater level of maturity as a Christian.

Code: T8H

☉ Wednesday evenings ♦ Adults ☕ Informal interview 📍 Hampden Park

## FUSION

Midweek Team

This is the wonderful team that organises and runs the Life Group for adults who need a little more time to learn.

Code: T9H

☉ Tuesday evenings ♦ Adults ☕ Informal interview 📍 Hampden Park

## GROUND MAINTENANCE

Midweek Team

The team that takes care of the grounds around the Kings Centre, cutting the grass, keeping footpaths clear etc.

Code: T10H

☉ Varies ♦ Adults 📍 Hampden Park

## MONEY MATTERS

Midweek Team

The Money Matters team provides support to people needing help with financial challenges, from personal budgeting to debt advice. Training will be provided.

Code: T13H

☉ Varies ♦ Adults ☕ Informal interview 📍 Hampden Park



## TRUE YOUTH

Midweek Team

Be part of the team that runs TRUE, reaching 15-19s inside and outside the church and playing an important part in our vision for families.

Code: T22H / T22S

🕒 Thursday evening 🗝 Adults 📄 Informal interview 📄 DBS required 📍 Hampden Park / Seaford

## ID YOUTH

Midweek Team

Be part of the team that runs ID — reaching 11-14s inside and outside the church and playing an important part in our vision for families.

🕒 Wednesday evenings 🗝 Adults & youth 📄 Informal interview 📄 DBS required 📍 Hampden Park Code: T2H

## INSPIRE

Midweek Team

Every Monday from February we will run various events open to all over 60s in our church and community. Could you give a couple of hours or longer to help us set-up, serve or clear away.

🕒 Monday daytime 🗝 Adults & youth 📍 Hampden Park Code: T24H

## BUMPS2BABIES

Midweek Team

Be part of a great team that hosts our community baby group, an opportunity to serve and show God's love to local expectant mums and mums with babies in Eastbourne (12.30pm-2.30pm, term time only).

🕒 Tuesday afternoons 🗝 Ladies 📍 Hampden Park Code: T28H

## EASTBOURNE PRAYER EVENTS

Prayer is such an important part of our lives. God loves it when we show our dependence upon him. So we want to meet together regularly as a church to pray. When we do so situations really do change.

Join us on the 2nd Sunday every month at the Kings Centre or Centro Lounge starting on Sunday 12th February from 6.30pm to 7.30pm. An hour packed with encountering God and hearing from him as we pray for all that is happening across the life of the church and our community.

Men's prayer meetings also take place at 8am on the first Saturday of every month at the Kings Centre and includes breakfast.



# IMPACT

a discipleship gap year

**IMPACT IS FOR ANYONE HUNGRY FOR  
ADVENTURE AND READY TO TAKE RISKS IN  
THEIR CHRISTIAN LIFE**

Join our team from September and be part of Kings' mission to be a church for everyone, where everyone matters.

Work on a range of different projects that suit your gifts and aspirations. Current Impact options for 2017 include: youth/students, children's ministry, worship, media & design.

**The year involves:** 7 residential training blocks, including a week at CenterParcs • Life changing teaching on a range of core subjects: prayer, ethics, Genesis 1-3, leadership, the Trinity & more • An overseas missions trip with one of our partner churches.

**Fees:** £1350 for the training + living costs for the year (a part time job may also be required depending on circumstances)

**More info & sign up:** [newgroundchurches.org/impact](http://newgroundchurches.org/impact)

## STEPS OF GENEROSITY

1. **STEP IN & MAKE A START**

However small the step, giving for the first time begins the journey

2. **STEP UP & GIVE MORE REGULARLY**

Commit to giving every month, increasing in generosity

3. **REGULARLY GIVE 10%**

Continue taking steps until reaching the Biblical concept of a 'tithe'

4. **STEP BEYOND!**

Regularly giving over 10% of your income

**G**iving to God is one of the most exciting things in life, and we're so grateful for the generosity of those who've made Kings their home.

Giving honours God, blesses the community and resources the church. So whatever stage you're at, we would love you to join the adventure!

Giving should be done responsibly. We're called to be good stewards of our resources, and would encourage you to give without getting into debt. If you need help with budgeting, our Money Matters group is here to help.

And if you are a UK taxpayer, please complete a Gift Aid form. Through this we're able to claim back an additional 25% from the government on all your giving. You can complete one at the Info Point on a Sunday morning, or download a form from our website (see below).

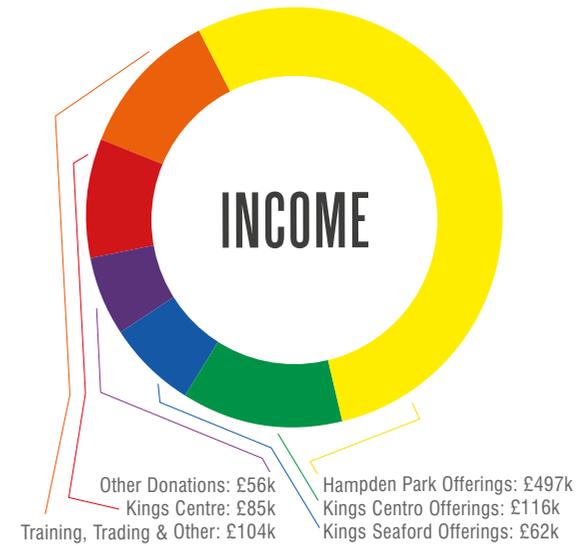
### WAYS TO GIVE

You can give online at [kings.church/giving](http://kings.church/giving) or text your name and the giving sign-up code **G1** to **07513 868 644** to register your interest.

You can also give cash, cheque or by card during our Sunday meetings. To give through internet banking, please use the details below.

Account name:  
**Frontiers Charitable Trust**  
Account no: **00639745**  
Sort Code: **202791**

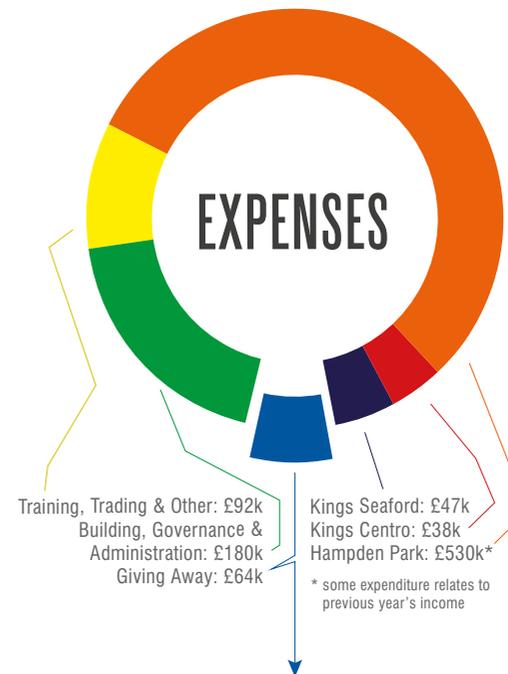
## FINANCIAL UPDATE 2015-16



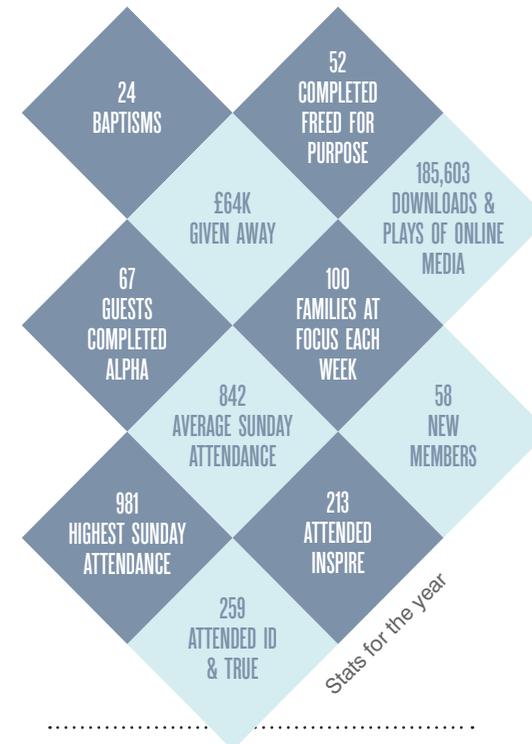
**Kings is an amazingly generous church. The amount received in offerings increased by 3% from the previous year and if you include the trading company and other training courses we run we raised just over £920k.**

This year £272k went towards operational costs (trading, buildings, governance, administration and training), with over £708k spent on the churches ministry, preaching the gospel, making disciples and serving the poor.

Most of this is invested in people, whom we see as our greatest asset. Our staff and volunteer teams serve in a huge number of ways touching the lives of thousands every week (you can see some great facts and figures below). We were also able to give away 64k to local and overseas needs which included a special offering for churches supporting the migrant crisis in Europe.



### GIVING AWAY: TO THE POOR, INDIVIDUALS & CHARITIES



# help raise a child

UPDATE

WHAT  
CAN I DO  
WITH £20?

Buy a couple of large Domino's for me and a mate. 1p change

Take the hubbie/wife/boyfriend to watch a chick flick. 14p change

Treat the in-laws to a medium Big Mac meal. £1.64 change

Invest in a child's life. Massive change

We believe it takes a Church to Raise a Child, and as well as an entire army of volunteers. Last September we came to the church with a vision of where we believe God is calling us: to see one hundred new families added to the church in the next five years.

We allocated an additional £40,000 this financial year to help us reach families and young people with the good news of the gospel. Money we simply did not have — but funds we believe were within our reach.

Amazingly after just three months, we've had 74 responses from people saying they will start giving for the first time or increase their giving in order to help raise a child. This works out at an increase of £2000 a month, well on target for the ongoing £6500 we need by the end of the financial year next August. Thank you!

This also means that there's still plenty of opportunity for others to play their part. Your £20 a month will make a huge difference.

So how is the £40k being spent? We believe that people are our greatest asset. We have recently employed Oli Stevens, currently elder and venue leader at Kings Centro four days a week, with two days specifically overseeing our kids and family team. Adz Brennan is now full time youth worker at Kings. In addition, we have six Impact Students working with us for the year, with a major emphasis on kids and youth. And we are adding an additional day of Focus, our parent and toddler group, which has over two hundred families on the waiting list.

We know there are many genuine reasons as to why people are not able to give (and we honestly understand), however, we want to appeal directly to those not currently giving, to make a start and give regularly.

Being on this journey together allows us to substantially invest in the areas of kids, youth and family. Your £20 will genuinely make all the difference. A massive change to many children's lives.

If you want to respond, please fill in the card on the opposite page. Rip it off and hand it in. It's going to be an exciting journey.

## HELP RAISE A CHILD RESPONSE

I would like to  
support Kings  
and 'help raise a  
child'

- I'd like to start giving £20 a month
- I'd like to give an extra £20 a month
- I'd like to start giving £  a month

Name:

If you are happy for us to contact you, please supply an email, phone number or address:

Please return to the Info Point, drop into the offering buckets during a Sunday meeting or return to the Kings Centre reception. For more information on giving visit [www.kings.church/giving](http://www.kings.church/giving)

Detach along perforation



# GETTING CONNECTED

We hope you have a great time with us at Kings. Please fill in this form to find out more about any area of our church life, or to volunteer.

You can drop this card in the offering bucket on a Sunday morning, hand in at the Info Point, or return to the Kings Centre reception.

NAME:	
TELEPHONE:	
EMAIL:	
HOUSE NAME / NUMBER:	POSTCODE:

*If visiting, which venue did you attend?*

- Hampden Park  Centro  Seaford  I've never been to Kings

*I would like to find out more about...*

- Joining the church  Giving to the church  The Alpha Course  
 The Freed for Purpose Course  Volunteering

*Is there a team you are interested in?*

*I would like someone to...*

- Pray with me  Talk to me about Christianity

Keeping you informed about things taking place at Kings Church is important to us and hopefully helpful to you. To do this well, we need to keep accurate and up to date contact information. In doing this we take our responsibility for data protection seriously. By completing this form you consent to us contacting you from time to time by post, email, telephone or text and to your information being held by Kings Church on 'Church Community Builder' (CCB) a secure US-based server with appropriate contractual arrangements in place in accordance with the Data Protection Act 1998. Kings Church will not share this information with anybody else.

Detach along perforation



# CONTACT US

If you have any questions or would like to get in touch we would love to hear from you. You can contact the church office Monday to Friday, 9am to 5pm.

☎ 01323 521125 ✉ info@kings.church 🌐 www.kings.church/contact

📍 Kings Centre, 27 Edison Road, Eastbourne, East Sussex, BN23 6PT

Meets every Sunday,  
9 & 11am at the Kings Centre  
(opposite Morrisons)  
27 Edison Road, BN23 6PT

**HAMPDEN PARK**

Meets every Sunday,  
10am at the Hippodrome  
Theatre, 108-112 Seaside  
Road, BN21 3PF

**CENTRO**

Meets every Sunday,  
10am at Seaford Head  
School, Arundel Road,  
BN25 4LX

**SEAFORD**

## BEING A PART OF NEWFRONTIERS

Kings is part of the New Ground family of churches, led by Dave Holden, and New Ground is part of Newfrontiers, a group of 1,000 churches in over 70 nations in every continent.

We believe that we can achieve more together with churches that share the same heart and vision than we can on our own. We love the friendships God has given us around the world, and as part of Newfrontiers our mission is to establish strong churches

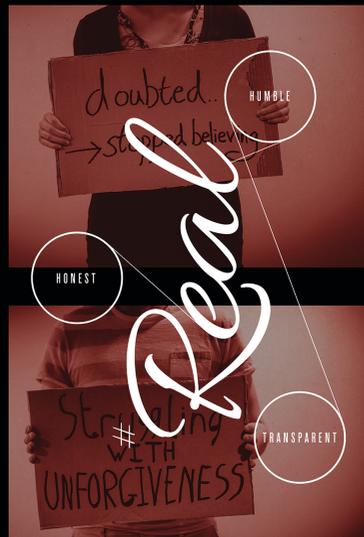
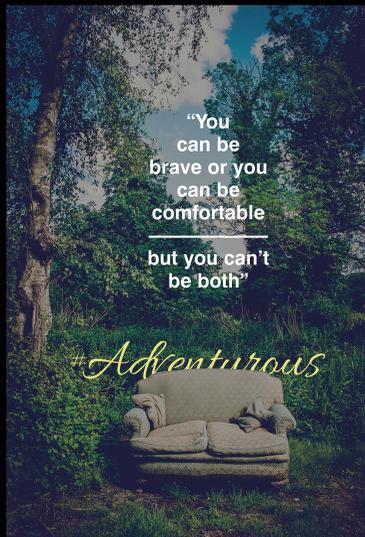
where believers are able to work out God's purposes for their lives and make a difference in their respective communities.

We acknowledge the importance of apostolic ministry that helps to build churches on strong biblical foundations and here at Kings we receive apostolic input and direction from leaders we recognise with this gift from within New Ground and the wider family of churches within Newfrontiers.

Kings is itself actively involved with churches in some of these nations, and has sent people and teams to support projects in projects in Peru, Zimbabwe and Bulgaria.



Part of **newfrontiers**



DO THE  
IMPOSSIBLE  
FOR SOMEONE  
ELSE

#GENEROUS



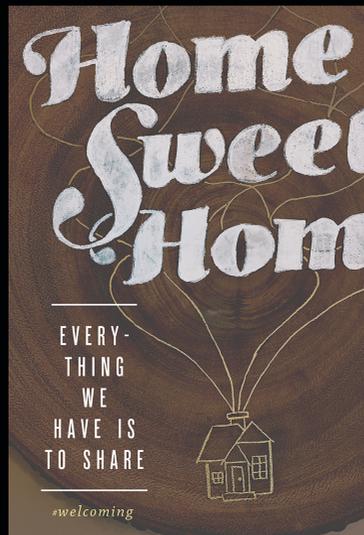
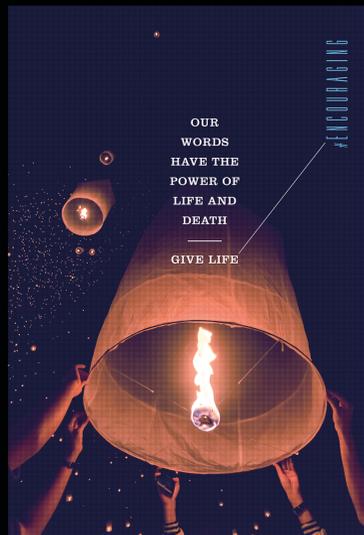
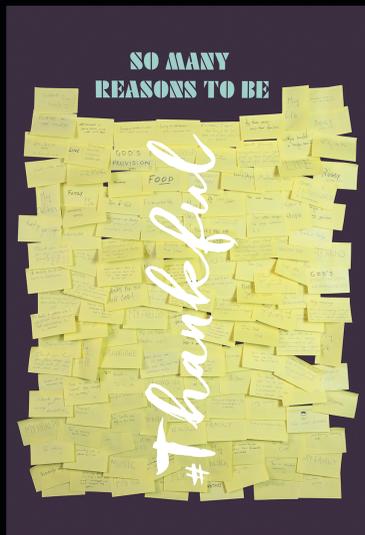
# ROOTED

B E L O N G

SIGN-UP  
ON PAGE  
48

EXPLORE OUR VISION, CULTURE AND  
VALUES. DISCOVER YOUR PLACE.

We will be running three Rooted courses. Rooted (with groups code C1) will be accessible for people for whom English is an additional language.





The international family at Kings

**(K) EASTBOURNE / CENTRO / SEAFORD**

Kings: one church meeting in three venues across Eastbourne & Seaford

[www.kings.church](http://www.kings.church)